



## Mission Statement

The Batesville Parks and Recreation Department is committed to improving our community by providing high quality recreational programs, facilities that promote tourism, beautiful parks and opportunities to engage in a healthy lifestyle.

With the days getting longer and Springtime just around the corner we leap into March with a renewed sense of excitement!

***"The best time to start was yesterday.  
The next best time is now. Tomorrow  
you will wish you had started today"***



March Madness Iron Distance Wellness Challenge (Swim/Bike/Run Program)

When: March

Registration Price: Members \$25 Guests \$30  
Ages/Divisions: All ages, option to complete in 1 month or 3 weeks.

While a long-distance triathlon is a one-day event, the Batesville Community Center Iron Distance Wellness Challenge takes place over the course of a month and provides participants with the experience of competing in a triathlon, in small manageable stages. In this four-week challenge, participants will plan their workouts to equal the distance of long-distance Triathlon - a 2.4-mile swim, a 112-mile bike and a 26.2-mile run. You can sign up as an individual or as a relay team with two or three people. All participants will receive a short sleeve t-shirt for registering

## Aquatic's Calendar

**Water Aerobics:** Morning Classes are offered M-F at 10 a.m. & 11 a.m. Evening Classes are offered T-TH at 6 p.m.

**Swim lessons: Level 1** M-W or T-TH from 4:30 p.m. to 5:00 p.m.  
**Level 2** M-W or T-TH from 5:30 p.m. to 6:00 p.m. Sign up Today!

**Private Lessons:** Available all year round upon request!

**Youth Swim Team:** Morning Practice T-TH-F from 5:45 a.m. to 7:30 a.m. & Afternoon Practice M-F from 4 p.m. to 6 p.m. Join us TODAY!

**Masters Swim Program:** Practice M-W-F from 5:45 a.m. to 7:45 a.m. Join us TODAY!

**School Learn to Swim Program:**

### Sulphur Rock School

3:00 p.m. – 3:45 p.m. Days 4, 6, 11, 13, 25 & 27.

and an IDWC medal upon completion of the program.

For the March Madness Iron Distance Wellness Challenge, we'll be using Garmin Connect to keep track of all your distances for the month of March. This can be done online through the website or through the Garmin Connect App for iPhone or Android users.

There will be no need to update your distances manually at the front desk each week unless you choose. You will create Garmin Connect account/login and update anytime whether it's as you go, each week, or at the end of the month. You **DO NOT** need any Garmin accessories to create an account or participate in this challenge.

### FUNNY JOKE OF THE MONTH

Why are frogs always so happy? They eat whatever bugs them. 😊

### TIP OF THE MONTH:

If feeling hungry drink some water 15 minutes before eating! Thirst and hunger sensations are triggered together and if there is a slight dehydration the thirst mechanism may be mistaken for hunger and you may eat when the body is actually craving fluid.



**MARCH 18<sup>TH</sup> THROUGH 22<sup>ND</sup>**

### Community Center Calendar

**Soft Yoga:** Morning Classes are offered M-F 8:30 a.m. to 9:30 a.m.

**Line Dancing:** Morning Class is offered every TU 9:30 a.m. to 10:30 a.m.

**Pickleball:** Pick up play is offered M-F from 10 a.m. to 12 a.m. Then again from 6:30 p.m. to 8:30 p.m. on Tuesdays.

**Zumba:** Evening Classes are offered M, TU, & TH at 5:30 p.m.

Zumba **STRONG:** Evening Classes are offered TU & TH at 6:30 p.m.

Cattleman's Banquet (Gym 3/4)

Special Olympics 3/6 8AM-3PM

WHRS Roast & Toast (Gym, 3/30)

### Important Program Dates

Youth Spring Soccer practices begins (March 4th).

Adult Basketball ends

Youth Spring Soccer games begins (March 16th).

Youth Baseball, Softball, 5 & 6YO Coach Pitch, 4YO T-ball Registration ends (March 24th).

Adult Softball REGISTRATION ENDS (MARCH 31ST)

March Madness Iron Distance Wellness Challenge completion Deadline (March 31st).

**PRICE: \$75 AGES: 7 TO 15**

## **PIONEERS RUNNER UP IN STATE**



Congratulation to our Pioneers for their Great performance at the 1A-4A High School State Swim Championships on February 23rd, 2019 in Bentonville, AR. The Pioneers collected a Runner-Up finish in the boys' division, edging out conference foes, Valley View and Pocahontas.

For the Pioneers, the boys' team collected 234 points, while the lone girl swimmer for the Pioneers collected 28 points.

The girls' team was composed by Kate Moody.

The boys' team was composed by Anthony Sonnier, Adrian Davis, Trey Moody, Nathan Hernandez, Austin Williamson, Keegan Sudol, Jack Allen and Corbitt Conyers.

**Batesville Community Center**  
**1420 20<sup>th</sup> St,**  
**Batesville, AR 72501**  
**870-698-2427**  
**[parksaa@cityofbatesville.com](mailto:parksaa@cityofbatesville.com)**  
**[www.batesvilleparks.com](http://www.batesvilleparks.com)**



## **BATESVILLE GAMER NIGHT**

**BATESVILLE COMMUNITY CENTER –**  
**MEETING ROOM C & D**  
**2pm through 9pm, 4/6/2019**

**JOIN US April 6<sup>th</sup> FOR AN EVENING OF**  
**SNACKS, GAMER FUEL, AND**  
**ULTIMATE GAMING!**

**We have the best setup with plenty of**  
**space and two 150-inch projector**  
**screens. We'll have other game**  
**stations with many game options**  
**scheduled throughout the event. Full**  
**schedule will be released online**  
**March 15<sup>th</sup> @**  
**[www.batesvilleparks.com](http://www.batesvilleparks.com).**

**Game systems are provided, Bring**  
**your own table top games**  
**All experience levels welcome.**

**This event is **FREE** for all ages.**  
**Children under 11 must be**  
**accompanied by an adult. Must**  
**register @**  
**[www.batesvilleparks.com/gamernight](http://www.batesvilleparks.com/gamernight)**

**Game highlight: super smash bros.**  
**ultimate (switch)**

**TOURNAMENTS IN THE FOLLOWING**  
**AGE DIVISIONS: 12u & 13+**

**Small prizes for winners**

**Sponsored by:**

