Newsletter – April 1st, 2019



Mission Statement

The Batesville Parks and Recreation Department is committed to improving our community by providing high quality recreational programs, facilities that promote tourism, beautiful parks and opportunities to engage in a healthy lifestyle.

Greetings as we enjoy the season of new growth—blooming flowers, cuts of grass blowing in the wind, and birds singing in the trees!

How Important Is Learning To Swim?

If asked, most parents can immediately rattle off a list of basic life skills they intuitively know their children must learn to be safe and healthy. These lists usually include habits like looking both ways before crossing the street, washing hands with soap and water (timed by singing the "Happy Birthday" song) and eating the correct daily serving of fruits and vegetables.

But for too many parents, safety around water is not on the list; and that's something we need to address.

Fatal drowning is the second-leading cause of unintentional injury-related death for children ages 1 to 14 years old. And, the problem is particularly acute among minority communities. African-American children ages 5 to 14 are three times more likely to drown than Caucasian children of the same age.

According to a recent national study opens a new window conducted by the USA Swimming Foundation, 64 percent of African-American and 45 percent of Hispanic children cannot swim, compared to just 40 percent of Caucasian children. Equally concerning,

Aquatic's Calendar

Water Aerobics: Morning Classes are offered M-F at 10 a.m. & 11 a.m. Evening Classes are offered T-TH at 6 p.m.

Swim lessons:

Level 1 M-W or T-TH from 4:30 p.m. to 5:00 p.m.

Level 2 M-W or T-TH from 5:30 p.m. to 6:00 p.m. Sign up Today!

Private Lessons: Available all year round upon request!

Youth Swim Team: Morning Practice T-TH-F from 5:45 a.m. to 7:30 a.m. & Afternoon Practice M-F from 4 p.m. to 6 p.m. Join us TODAY!

Masters Swim Program: Practice M-W-F from 5:45 a.m. to 7:45 a.m. Join us TODAY!

87 percent of those swimmers with no or low ability plan to go to a swimming facility at least once during the summer months and 34 percent plan to swim 10 or more times.

The City of Batesville is committed to making swimming part of the list of basic life skills and reducing water-related injuries, particularly in communities where children are most at risk, through our Swim Lessons Program. These lessons teach adults & youth valuable skills for when they find themselves in the water unexpectedly, a scary situation every person should be equipped to handle.

Free Swim Lesson Month!

Every Monday in the month of April the Batesville Community Center will offer a 30 min Free Swim Lessons from 6:00 p.m. to 6:30 p.m. to all members. Kids 4 years old & under parents will need to be in the water with them.

All our dreams can come true, if we have the courage to pursue them. - Walt Disney

TIP OF THE MONTH:

Focus on self-care.

Every day, wake up and think, "What is one thing I can do today for ME that would make this day the BEST day ever."

When you do things you enjoy, be it a run, mediation or other hobby, you become happier, which helps you make healthier choices throughout the day.

FUNNY JOKE OF THE MONTH

What happens to a frog's car when it breaks down?
It gets TOAD away.

Batesville Community Center 1420 20th St, Batesville, AR 72501 870-698-2427 parksaa@cityofbatesville.com www.batesvilleparks.com

Free Swim Lesson:

4/01/19 6:00 p.m. to 6:30 p.m.

4/08/19 6:00 p.m. to 6:30 p.m.

4/15/19 6:00 p.m. to 6:30 p.m.

4/22/19 6:00 p.m. to 6:30 p.m.

4/29/19 6:00 p.m. to 6:30 p.m.

Community Center Calendar

Soft Yoga: Morning Classes are offered M-F 8:30 a.m. to 9:30 a.m.

Line Dancing: Morning Class is offered every TU 9:30 a.m. to 10:30 a.m.

Pickleball: Pick up play is offered M-F from 10 a.m. to 12 a.m. Then again from 6:30 p.m. to 8:30 p.m. on Tuesdays.

Zumba: Evening Classes are offered M, TU, & TH at 5:30 p.m.

Zumba **STRONG**: Evening Classes are offered TU & TH at 6:30 p.m.

Batesville Gamer Night (4/6)

Youth Basketball Tourn. (Gym 4/6)

Batesville Prom (Gym 4/13)

Easter Memorial Service (Gym 4/17)

USSSA Baseball Tourn. (4/13 & 14)

Important Program Dates

Adult Softball Program begins (4/8)

Camp Rec summer registrations begin (4/1)