

ADULT BASKETBALL ALL-STAR WEEKEND

3-POINT SHOOTOUT

- Each team can nominate up to 2 players on their roster to participate. Players must be wearing their team jersey.
- Each shooter will have 45 seconds to shoot three balls from five designated spots around the 3-point line. One spot will be at the top of the key, one will be on each wing, and one will be in each corner. Each shooter may begin at either corner of the court.
- There will be a shooter on each end of the court. The clock will start after a 3 second countdown.
- Each shooter will have two “Money-balls” in which they can use at a time of their choice each round. The “Money-balls” will be our league game balls (Nike Hyperelite) and they will be worth 2 points. All other balls shot will be the Community Center’s free play balls and be worth 1 point.
- We do not have ball racks. Each shooter is responsible for finding volunteers to rebound their shots.
- After round one, the top 10 participants with highest point totals will move on to round 2. After round 2, the two participants with the highest accumulated score from the first two rounds will move on to our final round. (In the event of a tie, all players with tying score will move on). A winner will be determined by the highest point total in the final round.

Slam Dunk Contest

- Each team can nominate up to 2 players on their roster to participate. Players must be wearing their team jersey.
- Goals will be lowered to 9ft in height.
- Each participant will have 3 attempts to complete a dunk in each round. (An attempt is defined as “possession of the ball while in the air”)
- As soon as the first dunk is completed, the dunk will be scored by our judges on a scale of 1-10.
- Every participant will go through rounds 1 and 2. After round 2, the two participants with the high accumulated score will face off in our final round. (In the event of a tie, the participant with the single highest scored dunk will move on)
- In the final round, each participant will get two dunks and have 3 attempts to complete each dunk.
 - They will alternate after each completed dunk. The participant with the lower score total after the first two rounds will go first.
- A winner will be declared by the highest accumulated score in the final round.
- Props are encouraged, but no machinery or heavy equipment on the gym floor though.
- Hard dunks are encouraged, but DO NOT hang on the rim.

ALL-STAR GAME

- There will be an Upper and Lower League All-Star Game.
- Each Lower League team can nominate up to 2 players on their roster to participate.
- Each Upper League team can nominate up to 4 players on their roster to participate.
- Participants must be wearing their team jersey.
- **Lower League Team 1** will consist of players from: Raptors, Small Ballers, Prestige Worldwide, Scissors and Clippers, and Wasted Potential.
- **Lower League Team 2** will consist of players from: Average Joes, Bricklayers, Spartans, MCS Rents, and Tadpoles.
- **Upper League Team 1** will consist of players from: Future Fuel, LL Cattle, and Ravens.
- **Upper League Team 2** will consist of players from: Bad Boy Mowers, West Insurance, and L4L.
- Score will be kept but it matters about as much as the NBA All-Star Game.
- Bring you families, let it fly and HAVE FUN!