Newsletter – November 1st, 2018



Mission Statement

The Batesville Parks and Recreation Department is committed to improving our community by providing high quality recreational programs, facilities that promote tourism, beautiful parks and opportunities to engage in a healthy lifestyle.

"IRON DISTANCE WELLNESS CHALLENGE"

Have You Signed Up Yet? If NOT, it's not too late!

In this four-week challenge, participants will plan their workouts to equal the distance of an Ironman Triathlon - a 2.4-mile swim, a 112-mile bike and a 26.2-mile run. You can sign up as an individual or as a relay team with two or three people. All participants will receive a long sleeve t-shirt for registering and an IDWC medal upon completion of the program.

Individuals are responsible for updating their own distances every week. Recommended workouts, conversions, and options available online at <u>www.batesvilleparks.com/idwc</u>

Registration fees in November are \$35 and \$30 for members. Will be accepted up to the 15th.

Iron Distance Wellness Challenge last mile (RUN OR WALK) & Award will be on Saturday, December 1 at 9 AM.

FUNNY JOKE OF THE MONTH

What do you call a boomerang that doesn't come back?

Aquatic's Calendar

Water Aerobics: Morning Classes are offered M-F at 10 a.m. & 11 a.m. Evening Classes are offered T-TH at 6 p.m.

Swim lessons: Level 1 M-W or T-TH from 4:30 p.m. to 5:00 p.m. **Level 2** M-W or T-TH from 5:30 p.m. to 6:00 p.m.

Private Lessons: Available all year round upon request!

Youth Swim Team: Morning Practice T-TH-F from 5:45 a.m. to 7:30 a.m. & Afternoon Practice M-F from 4 p.m. to 6 p.m.

Masters Swim Program: Practice M-W-F from 5:45 a.m. to 7:45 a.m.

Iron Distance Wellness Challenge: this is a four-week challenge Ironman Distance, - a 2.4-mile swim, a 112-mile bike and a 26.2-mile run.

2018 Batesville AAU Winter All Star Meet: November 16-18, 2018 Pools will be closed various times throughout the weekend.



"Coats for Kids"

All across America there are families struggling to meet their basic needs. By donating a new/used winter coats, you help relieve the burden of poverty and bring the gift of happiness and warmth to people in need in our community. Health experts report that even a 2 degree drop in body temperature results in reduced heart rate, loss of coordination, and confusion. Adults cannot work effectively and children find it difficult to learn. For most, a warm coat solves the problem.

There are many people in our community in need of coats, gloves, and hats. Let's help this season by joining the WRD Entertainment Family of Radio Stations along with Shelter Insurance and Settles Cleaners to provide coats to those in need in the "Coats for Kids" drive.

The Batesville Community Center will serve as a drop off point for the drive. All clothes should be dropped off by Wednesday, November 20th. Your support on this will be greatly appreciated.



2018 Batesville AAU Winter All Star Meet November 16-18, 2018

Come and support our swim team on their first AAU Meet of the season!

Batesville Community Center 1420 20th St, Batesville, AR 72501 870-698-2427 parksaa@cityofbatesville.com www.batesvilleparks.com

Community Center Calendar

Soft Yoga: Morning Classes are offered M-F 8:30 a.m to 9:30 a.m.

Line Dancing: Morning Class is offered every TU 9:30 a.m to 10:30 a.m.

Pickleball: Pick up play is offered M-F from 10 a.m. to 12 a.m. Then again from 6:30 p.m. to 8:30 p.m. on Tuesdays.

Zumba: Evening Classes are offered M, TU, & TH at 5:30 p.m.

Zumba **STRONG**: Evening Classes are offered TU & TH at 6:30 p.m.

Mingle Jingle (November 3rd) Gymnasium closed.

Election (November 6th) Gymnasium closed.

Health and Wellness Day (November 10^{th)} Gymnasium closed.

Pyramid Fights 9 (Sat. Nov. 17th). Gymnasium and other areas closed. Doors open at 6PM.

Gymnasium closed 11/18 – 11/24 for resurfacing. Racquetball and basketball courts.

Recreation Program's Calendar

Youth Volleyball season (Games 11/1, 11/6, 11/13, 11/15). All games begin at 6pm (unless schedule changes).

Youth Basketball Registration begins (Nov. 1st).

Adult Softball Postseason (Nov. 5th).

Adult Volleyball regular season ends (Nov. 28^{th}).